



Fall Protection for Water Utilities Refresher

Course Timeline

The exact timing of this course will vary depending on the number of students in the class. However, the schedule below would be typical for this class.

Fall Protection

1:30 - 3:30 pm

Introduction to Fall Protection

- Fall Basics
- Policies and Procedures

Physics of a Fall

- Basic Terminology
- Fall Distances

Personal Fall Protection Systems

- Anchors
- Body Harnesses
- Selection
- Fitting
- Inspection
- Connectors

Positioning Systems

- Applications
- Limitations

Emergency Response

Our programs reflect:

ANSI/ASSE Z490.1-2009 *Criteria for Accepted Practices in Safety, Health, and Environmental Training*

